

# 2024 CAREGIVER OF THE YEAR AWARD

*FINALIST*

**Teresa  
Phillips**

**Home Helpers Home Care  
Hinsdale, IL**



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With more than 20 years of caregiving experience, Teresa has an unmatched skill set! She is extremely well received by caregivers, clients and their families. She has a way of connecting with everyone, can read people very well, and puts both caregivers and clients at ease. One client's daughter said: "My mom's face would light up when she knew Teresa was coming. Some weekends she would be uncomfortable, but on Monday morning her mood changed when Teresa walked in." As a caregiver lead, Teresa provides specific skills assessments and training on transfers, gait belt use, shower assist, bed changes and more to enhance caregiver skills and ensure they are comfortable in their assignments. Teresa feels her job is to make the other caregivers' jobs easier because it is such a tough and important job. She has multiple duties including orienting caregivers to new clients, orienting and starting new clients, teaching on-site training for caregivers caring for the most needy clients, and coaching caregivers in the field who are struggling with a difficult client. Teresa has earned that type of responsibility because she is the ultimate caregiver: compassionate, highly skilled, reliable, and relentlessly positive.

